

September 1st, 2022

Dear Athletic Director and Coach:

We look forward to hosting the Goodland Invitational Cross-Country Meet to be held on Thursday, September 1st, starting at 4:00pm MDT. There will be a coaches' meeting at 3:30pm. Social distancing will be practiced during meeting. We will hold meeting on patio west of club house.

The meet will again be held at the Sugar Hills Country Club, west of Goodland approximately 4 miles. The site may be reached by going 3 miles west from the intersection of Highways 24 & 27, then turn north 1/2 mile; or go 3 miles west from the intersection of Highway 27 and 8<sup>th</sup> Street, then turn south 1/2 mile.

The time schedule for the different races will be as follows:

4:00 pm	Jr. High boys & girls	1 mile
4:15 pm	Varsity girls & JV Girls	5000 meters
4:45 pm	Junior Varsity boys	5000 meters
5:15 pm	Varsity boys	5000 meters

- Times are not exact. **We will use a rolling schedule.**

We will score five runners in both the boys varsity and the girls varsity. There will be a separate team score for the girls' division and for the boys' division. In case of a tie, the best sixth place finish will be used as the tiebreaker.

Awards will be as follows:

Junior Varsity Girls - ten individual medals  
Junior Varsity Boys - ten individual medals  
Varsity Girls - Fifteen individual medals  
Varsity Boys - Fifteen individual medals  
Top three boys & girls - seven team medals  
Jr. High 7<sup>th</sup> girls – top ten individual medals  
Jr. High 8<sup>th</sup> girls – top ten individual medals  
Jr. High 7<sup>th</sup> boys – top ten individual medals  
Jr. High 8<sup>th</sup> boys – top ten individual medals

The entry fees are as follows:

\$40.00 per girls' team  
\$40.00 per boys' team  
(Maximum of \$80.00 per school)  
or  
\$7.00 per runner/per team up to \$40.00  
\$5.00 per runner for Jr. High runners up to \$30.00

If you need a dressing room, we can make one available at the Max Jones Gym. To help us prepare for your arrival, please let me know in advance if you will need dressing facilities.

We are expecting the following HS teams: Colby, Goodland, Holcomb, Oakley, Scott City, Syracuse, Brewster, Lamar, Golden Plains, Lakin, WaKeeney Trego, Decatur County (Oberlin) & Ulysses.

JH Teams: Colby, Goodland, Holcomb, Oakley, Scott City, Syracuse, Brewster, Lamar, Golden Plains, Lakin, WaKeeney Trego, Decatur County (Oberlin) & Ulysses.

Entries will be done on [kansasmilesplit](http://kansasmilesplit.com). Please search for Goodland Invitational. There will be separate registrations for high school and middle school.

Sincerely,

Marty Lehman, CAA  
Asst. Principal / Athletic Director  
Goodland Schools