

MIKE SMITH TRACK INVITATIONAL

VARSITY AND JUNIOR VARSITY

May 4, 2021

Welcome to the 2021 V/JV GCHS Track Invitational scheduled for May 4, 2021 at **3:00PM**

Teams Participating: Dodge City, Liberal, Colby, Garden City, Ulysses, Scott City, Holcomb, Sublette

Coaches Meeting: 1:30pm

Pole Vault and Javelin: 2:00pm

All Other Field Events: 3:00pm

Teams may only enter athletes in either Varsity or JV competition, NO DUAL Entries. (Varsity or JV Only) 4 Entries allowed for Varsity events, and 4 entries allowed for Junior Varsity events. Only one relay team allowed per level per school. Varsity Field Events will be 4 throws or Jumps and JV Field Events will be 3.

VARSITY 1600 WILL RUN AT 4:00pm FOLLOWED BY THE JV 3200 at 4:15pm (JV 1600 and V 3200 will be ran later in the meet)

The meet will be held at the Garden City High School football/track stadium. No dressing facilities are available. The coaches meeting will begin at 2:00pm and information packets will be handed out. Team scoring will be 10-8-6-4-2-1.

No spikes longer than $\frac{1}{4}$ inch will be allowed on the track or runways. Shot and discus surfaces are concrete. Javelin is grass.

Entries deadline is 9:00 pm on Monday, May 3rd – anything after this time email Coach Hill and Dennis at dennis@heartlandtiming.com -

Entries must be made online through Mile Split: The address is <https://ks.milesplit.com/>

Pole vault will start at 6' for girls and 9' for boys and the high jump will start at 4'2" for girls and 5'2" for boys.

All throwing events will be 4 throws for the varsity and 3 for jv with no finals. All throws will be measured except javelin. We will measure the 1st throw of javelin and all throws at or beyond 70ft for the girls and 100ft for the boys.

The running will begin 15 minutes after the conclusion of the JV Boys 3200.

We ask each team to clean up their camp area at the conclusion of the meet. Please use the East bleachers only for camp areas. No glass bottles or containers are allowed in the track area. No Sunflower Seeds or Gum are allowed on the Football Field.

Medals will be awarded for the top 3 individuals and for the top 3 relays.

Entry fee for the meet is \$100.00 for each team or \$200.00 per school for both boys and girls teams for each level.

A certified trainer will be on sight and available to assist you.

Parking for team busses is available in the fire lane along the North portion of the student parking lot.

If you have any questions, please contact us at 620-805-5433. Our fax number is 620-805-5629.

Hospitality area for all track coaches will be located in the concession building beginning at 4:30pm. Concession stand will be open for participants and fans.

Brian Hill

Track Coach bhill@gckschools.com

Mike Smith Track Invitational

Schedule of Events

Coaches Meeting - 1:30pm Track Shed - North Side of Building

Javelin, and Pole Vault - 2:00pm

All Other Field Events - 3:00pm

Varsity 1600m Run - 3:45pm

Junior Varsity - 3200m Run - 4:00pm

Field Events

Beginning at 2:00pm

Varsity & Junior Varsity Girls Pole Vault followed by Varsity & Junior Varsity Boys Pole Vault

Varsity Boys Javelin (East Field) followed by JV Boys Javelin (East Field)

Varsity Girls Javelin (West Field) followed by JV Girls Javelin (West Field)

Beginning at 3:00pm

Varsity Girls High Jump (West Pit) followed by JV Girls High Jump (West Pit)

Varsity Boys High Jump (East Pit) followed by JV Boys High Jump (East Pit)

Varsity Boys Long Jump (South Pit) followed by JV Boys Long Jump (South Pit)

Varsity Girls Long Jump (North Pit) followed by JV Girls Long Jump (North Pit)

Varsity Girls Shot Put (North Ring) followed by JV Girls Shot Put (North Ring)

Varsity Boys Discus (NE Ring) followed by JV Boys Discus (NE Ring)

JV Girls Discus (SW Ring) followed by Varsity Girls Discus (SW Ring)

JV Boys Shot Put (South Ring) followed by Varsity Boys Shot Put (South Ring)

Running Events

Running Order - JV Girls, Varsity Girls, JV Boys, Varsity Boys

1600m (Varsity ONLY) - 4:00pm

3200m (JV ONLY) - 4:15pm

Girls 4x800m Relay

Boys 4x800m Relay

Girls 100m Hurdles

Boys 110m Hurdles

Girls 100m

Boys 100m

Senior Night

Girls JV - 1600m

Boys JV - 1600m

Girls 4x100m Relay

Boys 4x100m Relay

Girls 400m

Boys 400m

Girls 300m Hurdles

Boys 300m Hurdles

Girls 800m

Boys 800m

Girls 200m

Boys 200m

Varsity Girls 3200m

Varsity Boys 3200m

Girls 4x400m Relay
Boys 4x400m Relay

Medals can be picked up in the press box at the conclusion of meet.

