# Trego Golden Eagles Athletics 

Trego Grade School
612 Junction Ave., WaKeeney, KS 67672
Phone: (785) 743-2472
Fax: (785) 743-5244

Trego Community High School
1200 Russell Ave., WaKeeney, KS 67672
Phone: (785) 743-2061
Fax: (785) 743-2449


To: Track Coaches \& Athletic Directors

From: Pat Haxton - Track Coach \& Jeremy Samson - Athletic Director

Superintendent
Tavis Desormiers gsprin@tregoeagles.com

TCHS Principal
Shea Rothchild
hsprin@tregoeagles.com
TCHS/TGS AD
Jeremy Samson
jsamson@tregoeagles.com

## Volleyball

Kate Shubert
kshubert@tregoeagles.com
Football
Pat Haxton
phaxton@tregoeagles.com

Cross Country
Shea Rothchild
hsprinl@tregoeagles.com
Girls Tennis
Lori Dietz
Idietz@tregoeagles.com
Boys Basketball
Sean Dreiling
sdreiling@tregoeagles.com
Girls Basketball
Shelby Crawford
scrawford@tregoeagles.com
Wrestling
Michael Malay
mmalay@tregoeagles.com
Boys/Girls Track
Pat Haxton
pahaxton@tregoeagles.com

Boys Golf
Taylor Tomsic
ttomsic@tregoeagles.com
Boys Tennis
James Burk
jburk@tregoeagles.com

RE: Goldsmith Relays
Date - Thursday, April 28, 2022
Teams - Central Plains, Colby, Goodland, Healy, LaCrosse, Leoti, Norton, Oakley, Oberlin, Palco, Plainville, TMP, Trego \& Victoria

Starting Time- Coaches' meeting will begin at 3:00 p.m. in the shed south of grandstands. Field events will begin at 3:30 ( 4 throws \& 4 jumps). Preliminaries will begin at 5:00. We will have a short break after preliminaries. Finals will begin at approximately 6:00.

Preliminaries- $\quad 200 \mathrm{~m}, 100 \mathrm{~m}, 100 \mathrm{~m}$ Hurdles, 110 m Hurdles
Finals qualifying procedures. (per KSHSAA Manual)

- 4 heats-- 4 heat winners and next 4 best times.
- 3 heats-- 1 st and 2 nd place from each heat and next 2 best times.
- 2 heats-- 1 st and 2 nd place from each heat and next 4 best times.

Awards - Medals for the top three finishers in individual events and the top three teams in relays.

Scoring $\quad-\quad 10-8-6-4-2-1$
Entries - Entries need to be made at Trego Community - Goldsmith Relays 2022 - Meet Information (milesplit.com)
You may enter no more than three athletes per event. Coaches have until April 28 at 9:00 a.m. to enter athletes. Please make any last minute changes online by April 28 at 9:00 a.m. No additions will be allowed at the meet. However, we will allow substitutions. Scratches can be made at the coaches' meeting or event. Pole vault verification weight sheets will be needed along with sportsmanship and legal uniform cards.

Entry Fee - $\$ 125.00$ per school.
Starter - Don Wiens will be the starter for the meet.

Concessions - We will have a concession stand provided. We will not have a hospitality room, but we will provide coupons for the concession stand for coaches and bus drivers.

Thanks, Jeremy Samson - A.D.

## Order of Events

 Field Events to Begin at 3:30 p.m.Long Jump
Triple Jump
Pole Vault
Discus

Javelin

High Jump

Shot Put

Boys Long Jump followed by Girls Long Jump West Runway
Girls Triple Jump followed by Boys Triple Jump East Runway
Girls start 7 ' followed by Boys start $9^{\prime}$
Girls Fairgrounds NorthArea
Boys Fairgrounds South Area
Girls East runway on Fairgrounds
Boys West runway on Fairgrounds
Girls start 4'4" at East Area
Boys start $5^{\prime} 0^{\prime \prime}$ at West Area
Boys Fairgrounds South Area
Girls Fairgrounds North Area

Running Event Preliminaries to Begin at 5:00 p.m.
Girls' 200M Dash
Boys' 200 M Dash
Girls' 100 M Dash
Boys' 100 M Dash
Girls' 100 M Hurdles
Boys' 110 M Hurdles

Running Event Finals to Begin at Approximately 6:00 p.m.
Girls’ 3200 M Relay
Boys' 3200 M Relay
Boys' 110 M Hurdles
Girls’ 100 M Hurdles
Girls' 100 M Dash
Boys' 100 M Dash
Girls' 1600 M Run
Boys' 1600 M Run
Girls' 400 M Relay
Boys' 400 M Relay
Girls' 400 M Dash
Boys' 400 M Dash
Girls' 300 M Hurdles
Boys' 300 M Hurdles
Girls' 800 M Run
Boys' 800 M Run
Girls' 200 M Dash
Boys' 200 M Dash
Girls' 3200 M Run
Boys' 3200 M Run
Girls' 1600 M Relay
Boys' 1600 M Relay

