2024, 87th SC Relays Scott Community High School Aaron Dirks, Athletic Director 712 Main Street, Scott City KS. 67871 (620) 872-7620 adirks@usd466.org

TO: AD/s, Track Coaches

FROM: Aaron Dirks

WHEN: April 16th, 2024

Coaches Meeting 9:00 (Storage Building located SE of the track)

Field Events 9:30 am (CDT)

Prelims: Noon

Finals 30 minutes after prelims

ENTRY: \$70.00/ TEAM, \$140.00 TOTAL

AWARDS: Team Championship Plaque

Medals for 1-3 places

SCORING: 10-8-6-4-2-1 for all events

SCHEDULE

of EVENTS: enclosed

ENTRY: You will receive an invite for entries

We are using Heartland Timing, Dennis Weber

ORDER OF EVENTS

Field Events – 9:30 A.M. (CDT) (four jumps or throws no finals)

Pole Vault Boys, followed by the Girls

Long Jump (Girls east, Boys west)

Triple Jump (Girls east, Boys west) Following long jump

High Jump (Girls east, Boys west)

Javelin Girls followed by Boys (*Possibly two throwing areas TBD*)

Shot Put (Girls west, Boys east)

Discus (TBD)

Track Events - Preliminaries - 12:00

100 meter high hurdles (girls)

110 meter high hurdles (boys)

100 meter dash

200 meter dash

4x800 meter relay

(30 minute break)

Track Events- Finals

100 meter high hurdles

110 meter high hurdles

100 meter dash

1600 meter run

4 X 100 meter relay

*4 X 100 Throwers Relay (Girls and Boys race)

400 meter dash

300 meter low hurdles (girls)

300 meter intermediate hurdles (boys)

800 meter run

200 meter dash

3200 meter run

4 X 400 meter relay

Scott City 2024 Invitational Relays Tuesday, April 16th, 2024

Track Coaches and Athletic Directors:

Enclosed is the schedule for the 87th SCHS Invitational Relays. Other information concerning the relays is listed below.

- 1. The field events will begin at 9:30 A.M. Field event participants are to report to the event area.
- 2. At the coaches meeting (9:00 A.M. CDT), we will make necessary changes and will heat after the changes. Please, NO additions-scratches only.
- 3. Remember, a participant can only be in four events total.
- 4. No tents, radios, Frisbees, or throwing implements are allowed inside the track area. *Please stay off the football field*
- 5. You may enter three participants per event.
- 6. We will have the finish line area flagged off, and we ask that you explain to your managers, ect., that they are not to add to the congestion.
- 7. Scoring will be 10-8-6-4-2-1. Medals will be awarded to individuals 1-3 and for the relays 1-3. Plagues will be presented to the champions. We will have the medals in envelopes to be picked up after the meet.
- 8. All starting heights will be decided at the coaches meeting. Please send a copy of your pole vaults' weight verifications, Form 2003, before the meet starts.
- 9. Entry fees: \$70.00 boys team and \$70.00 girls team.
- 10. We will run a Boys and Girls 4 X 100 Wt. Relay must be in throwing events only. NO team points will be awarded for this event.