

## PHILLIPSBURG INVITATIONAL/MCL **CROSS COUNTRY MEET**

THURSDAY, OCTOBER 10, 2019 4:00 pm

PLACE: Phillipsburg Golf Course

ORDER OF EVENTS: Jr high Girls/Boys 4pm

> Girls Varsity (5K) approx. 4:30 pm Boys Varsity Race (5K) approx. 5:00 pm Boys & Girls JV Race (5K) approx. 5:30 pm

ENTRY FEE: \$35.00 for boy's team and \$35.00 for girl's team or \$7.00 per individual. MCL teams must also pay entry fee. JR high fee is the same. Make checks to Phillipsburg Middle School.

SCHOOLS INVITED: Colby, Ellis, Hill City, Norton, Northern Valley, Oakley, Plainville, Phillipsburg, Smith Center, Stockton, TMP & Wakeeney.

AWARDS: **Team Plaques** Top Boy's Varsity

Top Girl's Varsity

Varsity – Top 15 **Individual Medals** 

Junior Varsity – Top 15

Girls-Top 10 JR High Medals

Boys-Top 10

MCL Notes We will sort out the MCL schools and rescore the meet after the Phillipsburg Invitational results are given. The MCL will give 10 individual medals and top two team medals. Also the league championship team will receive a plaque. There will be no MCL JV or JR High MCL race or medals.

ENTRIES: Please enter your runners on Direct Athletics. MCL/Phillipsburg Invitational 2019. Opens 10-4 @ 8am and Closes 10-9 @ 10pm

TIMING SYSTEM: We will be using our Lynx timing system.

SCORING: WE WILL USE THE TOP 4 PLACERS FOR OUR PHILLIPSBURG INV. AND MCL FOR TEAM SCORING. No JR high team scoring. Varsity teams can have a limit of 7 runners for boys and girls. JV runners will be unlimited.

OTHER INFO: Dressing facilities will not be available at the course. There are restrooms. We will have water at the finish for all runners. We will allow water on the course for the runners but please do not impede other runners. We will have complete race results sent to you after the meet.

QUESTIONS: If you have any questions please call Andy Kenney or Todd Bowman at (785) 543-5251. <a href="mailto:akenney@usd325.com">akenney@usd325.com</a>, <a href="mailto:tbowman@usd325.com">tbowman@usd325.com</a>

## PRE-ACTIVITY TIME OUT

Administrators: Principal-Todd Bowman Athletic Director- Andy Kenney

Coaches: David King

**Medical Professional:** Football — Ambulance on site located at the west end of the field

Volleyball/Basketball – Ambulance will pull up in front of the school

Cross Country – Ambulance will be called

**AED Location:** Football — Ambulance and/or field side

Volleyball/Basketball — In the Newlin gym on the side north on the stage

Cross Country – Located in bag by the timing tent

**Emergency Exits:** Football — Exit Stadium/Field

Volleyball/Basketball – EXITS located at north and south ends of the gym

**Storm Shelter:** Football —High School Locker Rooms

Volleyball/Basketball – Locker Rooms

CC- Club house

Rapid Body Cooling Plan: Football — Immersion tub located in the maintenance shed, southwest of the

stadium.

Cross Country – Immersion tub is located by timing tent.

**Leadership Communication:** Exchange of Administrators contact information

**Communication to Public:** Public Address Announcement